

# RUGBY CROSS COUNTRY RESULTS

Griggs County Central "Cougar" Invitational, Saturday, September 6, 10:30 a.m.  
Site - Cooperstown Country Club - Cooperstown, ND

## Varsity Girls (4000 Meters) 72 runners

Tristin Lunde - 13th place - 16:53  
Allison Foster - 16th place - 17:20  
Bailey Nelson - 35th place - 18:49  
Karin Selland - 40th place - 19:01

Team Results: 1. Hillsboro/Central Valley - 99, 2. Surrey - 102, 3. Grafton - 145, 4. Valley City - 165,  
**5. Rugby - 177**, 6. Carrington - 187, 7. Barnes County North - 237, 8. Central McLean - 238,  
9. Sargent Central/Lidgerwood - 252, 10. Hatton/Northwood/Thompson - 253, 11. Max - 259, 12. Lisbon - 264,  
13. Langdon Area - 270, 14. Ellendale - 294, 15. Mayville-Portland-Clifford-Galesburg - 301,  
16. Northern Cass - 303, 17. Medina/Pingree-Buchanan - 312, 18. Larimore - 313, 19. North Star - 315,  
20. Griggs County Central - 331, 21. Pembina County North - 337, 22. New Rockford-Sheyenne - 360

Individual Winner: Peyton Frolek - Sargent Central/Lidgerwood - 15:26

## Varsity Boys (5000 Meters) 81 runners

Nolan Hovland - 7th place - 18:55  
Brady Fossum - 17th place - 19:50  
Noah Kraft - 18th place - 19:51  
John Mueller - 35th place - No Time (Timer Malfunction)  
Dillion Fly - 36th place - No Time (Timer Malfunction)  
Kyler Odden - 49th place - No Time (Timer Malfunction)  
Gabe Clements - 51st place - No Time (Timer Malfunction)

Team Results: **1. Rugby - 111**, 2. Grafton - 135, 3. Medina/Pingree-Buchanan - 147, 4. Lisbon - 162,  
5. Griggs County Central - 169, 6. Central Cass - 191, 7. Carrington - 201, 8. Hatton/Northwood/Thompson - 213,  
9. Sargent Central/Lidgerwood - 229, 10. Northern Cass - 229, 11. Valley City - 245, 12. Ellendale - 266,  
13. Larimore - 269, 14. Mayville-Portland-Clifford-Galesburg - 272, 15. Pembina County North - 279,  
16. Bishop Ryan - 296, 17. Langdon Area - 340, 18. Barnes County North - 371, 19. Richland - 389

Individual Winner: Nick Thomas - Medina/Pingree-Buchanan - 17:24

**Junior High Girls (3000 Meters)** 44 runners

Brittany Loughman - 20th place - 14:24  
Ellie Duchscherer - 24th place - 14:35  
Ariana Hoffart - 26th place - 14:43  
Brooke Radomski - 30th place - 14:48  
Lilly Schmidt - 41st place - 16:08  
Taylor Nelson - 42nd place - 16:28

Team Results: 1. Valley City - 25, 2. Hillsboro/Central Valley - 69, 3. New Rockford-Sheyenne - 129,  
**4. Rugby - 140**, 5. Northern Cass - 154, 6. Hatton/Northwood/Thompson - 161, 7. Lisbon - 168,  
8. Central Cass - 177, 9. Carrington - 177, 10. Sargent Central/Lidgerwood - 180, 11. Richland - 199  
12. Grafton - 209, 13. Rolla - 217, 14. Pembina County North - 230

Individual Winner: Reagan Baesler - Hillsboro/Central Valley - 12:13

**Junior High Boys (3000 Meters)** 37 runners

Dawson Schepp - 15th place - 12:27  
Trenton Sanford - 33rd place - 16:37

Team Results: 1. Richland - 78, 2. Northern Cass - 94, 3. Carrington - 108, 4. New Rockford-Sheyenne - 124,  
5. Medina/Pingree-Buchanan - 134, 6. Grafton - 140, 7. Central Cass - 142,  
8. Hatton/Northwood/Thompson - 150, 9. Pembina County North - 160,  
10. Mayville-Portland-Clifford-Galesburg - 162, **11. Rugby - 165**, 12. Griggs County Central - 167,  
13. Langdon Area - 168, 14. Larimore - 184

Individual Winner: Pierce Cooper - Hatton/Northwood/Thompson - 11:50